

St Augustine's Academy Newsletter 22nd July 2022



Headteacher's Message

Dear Parents, Carers and Children



The last day of the summer term is always tinged with a mix of emotions. We have the excitement of the summer holiday ahead, anticipation of a new school year and a little sadness at seeing our Year 6 children leave our school.

On Thursday evening, we held a special barbeque for our Year 6 leavers; it was a truly special evening which we hope they will remember with fondness. To every Year 6 pupil, keep on shining and living out the St Augustine's Way. You will always be part of our family.

This week, we have seen the hottest UK temperatures on record. Well done to all the children who made it into school. As you can see, we found some very inventive ways to try to keep cool.



We would like to say a heartfelt thank you for the support that you have shown us during the year. Also, thank you to the PTFA for organising the superb disco which raised £250 for our school.

At the end of every year we create a PowerPoint of memories. Please visit the school website where, if you scroll to the bottom of the Home page, you will find the link. We hope you enjoy looking at our school memories of 2022.

Our Early Years carnival put the school in the summer holiday mood and, all that is left to do, is to wish you all a safe, fun and happy summer break and we look forward to seeing you all again on Monday 5th September.



Best wishes

Amanda Howes - Headteacher

End of Year Trophies



A huge congratulations to the winners of our Gina Bates – Kindness and Caring trophy and our Bamford Academic Achievement Shield. You have been super ambassadors for our school and we are delighted for you. Well done!

Vocabulary Velociraptors

We have now come to the end of the first year of our Vocabulary Velociraptor project and we hope that you agree that it has been a huge success and has enhanced the children's love of words.

We are delighted and proud to have been a case study for the book 'So What Now?' By Malcolm Groves and John-West Burnham. The book cover can be seen in the picture.



Once again, the children have been reflecting on the words and activities they have encountered this half term. Riley in Year 3 enjoyed visiting Forest School and identifying the trees; Calum in Reception learnt that a stethoscope can hear your heart beat; Antoni in Year 1 enjoyed learning about tornadoes and making one with water in a bottle, and Lena in Year 4 learnt how to be gentle with animals. In Year 6, Chancenes learnt how to use a defibrillator; Izzy in Year 5 is thankful for the animals that keep us company, and Samiksh in Year 2 learnt that there is a tree called a Monkey Puzzle.

We can't wait to see where our project leads us next year!

'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16















CONGRATULATIONS to the following children.

† Christian Values †

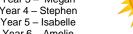
Reception - Gracie-Mae

Year 1 – Antoni Year 2 - Diana

Year 3 - Megan

Year 4 – Stephen

Year 6 - Amelie



British Values ₽

Reception - Evie

Year 1 - Kendall Year 2 - Riley

Year 3 - Akila

Year 4 - Angelo

Year 5 - Kai

Year 6 - Mason



***Effort ***

Reception - Raihan Year 1 - Ella-Louise

Year 2 – Mason

Year 3 - Armel

Year 4 - Daniel

Year 5 - Ethan Year 6 - Jasmin



Handwriting

Reception - Evelyne

Year 1 - Hannah

Year 2 – David

Year 3 - Maisie Year 4 - Lilly

Year 5 – Johana

Year 6 – Erin



Challenge Saoirse, Amelia

100 Reads

Kevin, Ellie-May, Ronnie, Lily, Harmannat, Charlie, Oscar, Riley, Kenzie, Maisie, Amelia-Lily, Jamie, Alan, Lena, Santiago,

McKenzie 🕮 200 Reads 🕮

Harriet. Kajetan, Archie, Ella-Louise, George, Terri, Aidan, Amelia A 300 Reads A

Archie, Sabina, Diana, Alessia, Saoirse, Izabella, Stephen,

Sophia, Aidan, Amelia

400 Reads

David, Vanessa, Ciaran 500 and 600 Reads Orion

🛄 1 Million Words 🛄 Stephen

x 2, 5 and 10 Times Tables x David, Amy

x Times Tables to 12 x

Jamie, Alan, Lena, Santiago, Matylda, Melissa, Taya

★Star of the Week ★

Year 1 - David, Year 2 - Tymon, Year 3 - Riley, Year 4 - Lena, Year 5 - McKenzie, Year 6 - Ciaran

© 'SELF' Pupil of the Week ©

Year 1 - Filip, Year 2 - Kacper, Year 3 - Maisie, Year 4 - Bathujan, Year 5 - Isabelle, Year 6 - Kyle

Year 1 - Eldon, Year 2 - Angel-May, Year 3 - Saoirse, Year 4 -Melissa, Year 5 - Ruby, Year 6 - Chancenes

The House Point totals for this year are...









WELL DONE TO OUR WINNERS...VENUS!



Visiting artist, Alison Colver, worked with Reception and KS1 children to produce a beautiful piece of art work for our school. It will remind them all to spread their wings and fly!





Bishop of York Young Leaders Award



We are so proud of our Year 2 class who have taken part in a range of activities in order to complete their Bishop of York Young Leaders Award. It has not been an easy task as the activities are made to challenge: the tasks have promoted kindness, perseverance, teamwork and action. Most recently, our children delivered ice-creams to the residents of Caddington Grove during the hot weather.

We look forward to seeing our Year 2 children develop their leadership skills in the future and continuing the good work they have begun. Well done children and Year 2 staff.

Diary Dates

Mon. 5 th Sep.	Children return to school
Thu. 20th Oct.	Last day of the half term

Sometimes we have to change diary dates due to circumstances beyond our control. Please keep checking the school diary regularly for updates.

HOW YOU FEELS MATTERS: Getting help in Bedford Borough & Central Bedfordshire

IT IS SO IMPORTANT TO TALK, TRY TALKING TO: school mental health lead, councellor, doctor, friend, family, trusted adult. IF SOMEONE TALKS TO YOU, help them get help and get support yourself. See below how ©

0 – 18 SINGLE POINT OF ENTRY

A CAMHS clinician will respond to enquiries relating to accessing CAMHS, as well as CHUMS. They can also provide self- help resources and psychoeducation. For enquiries, please call 01234 893362

INFORMATION

YoungMinds

Mental health charity with a wide range of resources and information

https://www.youngminds.org.uk/

CHAT HEALTH

Service for young people to confidentially ask for help on a range of issues. Talk to a school nurse https://chathealth.nhs.uk/
TEXT: 07507 331450

SCHOOL NURSES

Providing support on a range of issues, 1-1 virtually or in school https://www.cambscommunityservices.nhs.uk/Bedfordshire/services/school-nursing

TEL: 0300 555 0606

EARLY HELP (BEDFORD BOROUGH)

The Local Offer holds a wide range of information regarding services and support available, including early help support. https://localoffer.bedford.gov.uk/mentalhealthhub

TEL: 01234 718 700

EARLY HELP (CENTRAL BEDFORDSHIRE)

https://www.centralbedfordshire.gov.uk/info/11/children_and_ young_people/122/support_for_families

The HUB Email:

cs.accessandreferral@centralbedfordshire.gov.uk

The HUB Tel: 0300 300 8585 Out of Office Hours: 0300 3008123

GETTING HELP

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Your online mental wellbeing community Access free, safe and anonymous support

https://www.kooth.com/

VOLUNTARY SECTOR COUNSELLING FOR YOUNG PEOPLE:

Bedford Open Door

www.bedfordopendoor.org.uk Tel 01234 360388

Sorted

www.sortedbedfordshire.org.uk Tel 1582 891435

Relate

www.relate.org.uk Tel 01234 356350

CHUMS

Mental Health and Emotional Wellbeing Service for Children & Young People

https://chums.uk.com/ TEL: 01525 863924

<u>Samaritans</u>

https://www.samaritans.org/_Tel 116 123

Childline

https://www.childline.org.uk/_Tel 0800 1111

NEED MORE HELP

CAMHS - Emotional & Behavioural Team

For further information, please visit:

North Bedford CAMHS:

https://camhs.elft.nhs.uk/service_detail.aspx?ID=201

South Bedford / Luton CAMHS:

CAMHS - Services - South Bedfordshire/Luton CAMHS

URGENT SUPPORT

YOUNGMINDS Crisis Support Shout

https://www.youngminds.org.uk/young-person/shout-85258/

Shout offers free 24/7 text messaging support wherever you are in the UK. If you need to talk to someone about how you are feeling text 85258

OR Call 111 Option 2 - 24/7 ALL AGES

Young people can talk to a CAMHS professional directly who can arrange additional support.

IN AN EMERGENCY, DIAL 999

the whole year.



Support and Advice



If you are concerned about a child or young person please call 0300 300 8585 Out of hours: 0300 300 8123



The NSPCC are available for adults if they have any concerns about a child. This could be your own child's mental health, for example.

https://www.nspcc.org.uk/ Telephone: 0808 800 5000



If you are struggling to cope and have concerns over your own mental wellbeing, Mind offer information and advice.

https://www.mind.org.uk/ Telephone: 0300 123 3393



The Samaritans offer a listening ear.

https://www.samaritans.org/ Telephone: 116 123



The Salvation Army offer a church and services to support those in need.

Telephone: 01582 606031



If you are unsure whether an app or game is suitable for your child, National Online Safety provide highly visual and informative Online Safety posters for parents, carers and children.

https://nationalonlinesafety.com/



Refuge are available to offer support to any woman experiencing Domestic Abuse. https://www.nationaldahelpline.org.uk/ Telephone: **0808 2000 247**



A confidential service for men experiencing domestic Abuse.

https://mensadviceline.org.uk/ Telephone: 0808 8010327



LGBT+ Domestic Abuse helpline

https://galop.org.uk/ Telephone: 0800 999 5428



Child Line is a free and confidential service where young people can talk about anything. Support is available online, on the phone, anytime.

https://www.childline.org.uk/ Telephone: 0800 1111

Rev. Ricky For prayer and general help and support.

Dunstable rickyturner@ntlworld.com or PrayDunstable@gmail.com Telephone: 01582 528485

Team Vicars









bedsfire.gov.uk Southfields Road Kempston, Bedford

bedsfirealert.co.uk

🖸 🖸 🗐 @bedsfire

For the attention of Parents and Guardians

Children/Young People swimming and jumping into local water sites across the County

Dear Parents.

I hope this letter finds you well. Bedfordshire Fire and Rescue Service, Bedfordshire Police and the Local Authorities, have been contacted by residents across Bedfordshire raising concerns for young people swimming and jumping into outdoor water sites including:

Priory Marina - Bedford Wixams Lakes – Wixams Kempston Milll - Kempston Blue Lagoon – Arlesey River Ivel - Shefford

Over 400 people accidently drown in the UK and Ireland every year, and many more have non-fatal experiences with some of these being life changing.

We want to alert parents and young people of the potential dangers and risk to life, especially as we are now enjoying the hot weather and sunshine.

Even the strongest of swimmers can get into trouble in water outdoors and we have particular concern for young people who could be putting themselves at risk without knowing the dangers.

Outdoor water can contain many hazards such as entrapments, weeds, rubbish, drains, broken bottles, pollution, under water currents and it can be very hard to judge depth meaning that deep water can suddenly catch someone out but jumping into shallow water could result in serious injury.

Young People may not understand the effects of cold-water shock which can occur when jumping into a river or lake on a hot day. The average water temperatures in the UK are just 12C and anything below 15c is classed as cold water.

Please help to educate young people by showing them and discussing the video below:



Bedfordshire Fire and Rescue Service Continued



bedsfire.gov.uk Southfields Road Kempston, Bedford MK42 7NR bedsfirealert.co.uk

☐ ☐ @bedsfire

<u>Cold Water Shock Video</u> https://youtu.be/27Kexl-BSzM

We have further advice on water safety on our website;

https://www.bedsfire.gov.uk/Community-safety/Outdoor-safety/Water-safety.aspx

There are also activities that parents can do at home with their young people to educate on water safety and other areas of safety;

Water Safety Advice | Royal Life Saving Society UK (RLSS UK)

https://canalrivertrust.org.uk/explorers/learning-from-home/water-safety

Despite the obvious safety risks, Fire service have no authority to stop people swimming outside or in open water, but if you have concerns of safety or anti-social behavior, we would ask you to report this through to the Police non emergency number on 101

If someone is in trouble and needs help in an emergency, please call 999

I hope you find this information useful

Stay safe!!!

Kind Regards

Stacey Moore Community Safety Officer Bedfordshire Fire and Rescue Service















