



# St Augustine's Academy Newsletter

## 1st October 2021



### Headteacher's Message

Dear Parents, Carers and Children,



Our school gardeners have been busy completing the harvest of our crops. Chef Gary made a delicious dinner using the vegetables that were grown. You can see him, in the picture above, cutting up our enormous marrow. Everyone enjoyed being able to eat our delicious home-grown food.

Today, we carried out our termly fire drill. Within 2 and a half minutes, the whole school were evacuated from the building; the building was 'swept' and everyone was accounted for. Well done to everyone for evacuating so quickly and sensible.

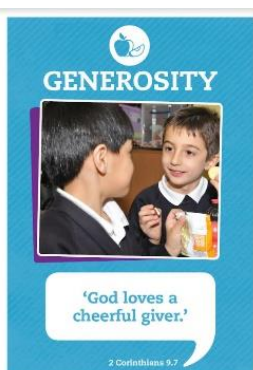
We hope you all have an enjoyable weekend.

**Amanda Howes - Headteacher**

### Harvest

Next week we will be giving thanks for our food through our Harvest celebration. Please place donations of non-perishable food items on the table outside the hall entrance. These will be offered in Wednesday's Wild Worship before being taken to the Foodbank on Thursday morning.

'Generosity' is our value for the term and we look forward to being able to give generously through our harvest.



### Vocabulary Velociraptors



'C' has been our focus letter for the week. The children have learnt the names of a variety of different types of clothing, many which they had not encountered before. Staff put on a spectacular fashion show for the children and 16 different outfits were demonstrated on the catwalk. Armel (Year 3) shared, "The fashion show has really helped me to learn the names of clothes."



Specific clothing that children learnt this week were: T-shirt, Dressing Gown, Blouse, Pinafore Dress, Poncho, Culottes, Anorak, Overalls, Lab Coat, Cap and Gown, Tuxedo and Ball Gown. They also found a whole range of objects beginning with C as you can see in Year 6's learning above.

### Vocabulary Tip of the Week

When you are out and about, ask your child to name the different types of clothes they see people wearing. Can they find an anorak, a pinafore dress or overalls? You could also visit a clothes shop and identify the clothes on display.



**'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16**

## Celebrations

### CONGRATULATIONS to the following children.

Our Stars of the Week are...



Year 1 – Andreas  
Year 2 – Amy  
Year 3 – Laelia  
Year 4 – Khalidah  
Year 5 – Jacob  
Year 6 – Ciaran

Our 'SELF' Pupils of the Week for,  
"What is SELF awareness?" are...

Year 1 – Kendall  
Year 2 – David  
Year 3 – Charlie  
Year 4 – Tyler  
Year 5 – Finn  
Year 6 – Jasmin



Our Vocabulary Velociraptors of the Week  
are...

Year 1 – Inaaya  
Year 2 – Kaysie-Mae  
Year 3 – Akila  
Year 4 – Logan  
Year 5 – Amelia  
Year 6 – Amelie



Our Attendance Bear Winner this week is...



The House Point totals this week are...



Mars  
256



Venus  
259



Neptune  
211



Earth  
217

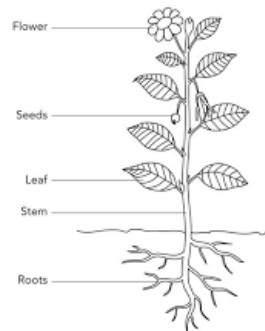
## Parent Governor Elections



Letters will be coming home today about being a parent governor. We hope that 2 of you would like to join our Governing Board and Chef Gary is available to talk to anyone, who is interested, about the role. Parent voice is incredibly important and we need you!

## Measure

Year 1 have had great fun measuring an enormous sunflower as part of their Maths learning and refreshing their knowledge, about the parts of a flowering plant, as part of their Science.



## Diary Dates

WB 4th Oct.	Letter 'D' Week (Vocabulary Project)
WB 4th Oct.	Parent/Teacher Telephone Calls
6th Oct.	Wild Worship - Harvest Please donate any non-perishable items by today.
WB 11th Oct	Letter 'E' Week
14th Oct.	Individual Photographs
22nd Oct	End of Half Term

Sometimes we have to change diary dates due to circumstances beyond our control. Please keep checking the school diary regularly for updates.





Never **miss** any school  
**information** again



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## How Can I Help My Child?

Access to phones, social media and the internet means that young people can communicate with others without those caring for them knowing and this can make it difficult when we want to keep them safe.

## A free online workshop for parents and carers

Facilitated through Zoom by Lawrence, Penny and Rhiannon from the Marie Collins Foundation



The Marie Collins Foundation

The Marie Collins Foundation (MCF) is dedicated to supporting victims of online child sexual abuse and exploitation. The foundation advocates for children who have suffered from online abuse so that they are able to recover and live safe and fulfilling lives. It has grown to become a dedicated team of specialists who support those harmed online through direct work with children and their families and advising professionals and governments at local, national and international level.

In this workshop you will have the opportunity to explore, in a safe environment:

- what **online harm** is
- ways you can **effectively help** and support your children
- understand **why and how** children can become victims, and
- how your response can be **vital** in enabling your child to recover.

To apply for a free place, please click on the dates below and complete the form

**Tuesday, 5th October 2021 - 10am to 11.30am**

**Tuesday, 18th November 2021 - 10am to 11.30am**

If you have any questions in respect of this course, or difficulties booking on to it, please contact

[MCFevents@mariecollinsfoundation.org.uk](mailto:MCFevents@mariecollinsfoundation.org.uk)



# Healthy Eating and Snacks

Welcome back to the MoreLife Schools programme. You can find out what we covered in our healthy lifestyle lesson in our Week 3 pack.

Today your child learned all about the importance of trying to eat five portions of fruit or veg a day to help look after our bodies and how healthy snacks can help us stay full and energised.

## Healthy snack ideas



Here are some tips from the MoreLife team about how to increase the amount of fruit and veg your family eats:

1. Sneak it in! A great way to give the family extra veg is to grate it into your meals, grated carrot and courgette are great in a meal like Chili Con Carne. This also helps make more food for less money and they'll never know.
2. Trying new veg can make a meal exciting. Have you tried some less well-known veg like pak choi, butternut squash, mangetout, or pumpkin?
3. Make veg a part of the recipe: swede or carrots give mash potato a great sweet flavour, spinach is great added into any pasta sauce.

Check out the NHS website to find out more about what counts towards your 5-a-day. Click on the image below to be taken to a PDF that you can download.



Check out our fun MoreLife Pack for Families, it has lots of fun games and activities for children to do at home. Click on the image below to be taken to a PDF that you can download.



Welcome to MoreLife, our family activity packs are designed to help families spend some fun and educational time together. Each Family activity pack has lots of short and fun activities you can do with your children to get them moving and teach them about healthy lifestyles.

This pack has activities and games focusing around a balanced diet and why it is important to keep our bodies healthy. Click on the title of a section to be taken to the

Signature: