



St Augustine's Academy Newsletter

16th July 2021



Headteacher's Message

Dear Parents, Carers and Children



This week, Gardening Club have been busy once again. They were presented with their winner's certificate from the Swiss Cottage Wheelbarrow competition at the beginning of the week and have also been busy preparing their entry for Dunstable in Bloom. This time, their wheelbarrow represents the flag and country of South Africa and we hope, once again, to do well.

Also this week, we were pleased to meet some of our new children joining our Reception class in September and are looking forward to them joining us.

Have a super weekend and we look forward to the last week of term ahead.

Amanda Howes - Headteacher



Year 1 Box Hospitals



Year 1 have been learning about the life of Florence Nightingale this term. As part of their Design Technology, the children have built their own versions of a modern-day hospital ward. They used a variety of materials, a lot of creativity and their own knowledge, in order to produce some fantastic results. Well done to all the Year 1 children. They have all worked very hard and are rightly proud of their results.

'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16

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Celebrations

CONGRATULATIONS to the following children.

Our Stars of the Week are...

Reception – Ronny
Year 1 – George
Year 2 – Katelyn
Year 3 – Jamie
Year 4 – Vanessa
Year 5 – Yasmin
Year 6 – Zak

Our 'SELF' Pupils of the Week for,
"What have I learnt about self-reflection?"
are...

Reception – Dominik
Year 1 – Kacper
Year 2 – Akila
Year 3 – Khalidah
Year 4 – Tyler
Year 5 – Mason
Year 6 – Alex



Our Mathematicians of the Week are...

Reception – Antoni
Year 1 – Tymon
Year 2 – Mya-Rose
Year 3 – Tyler
Year 4 – Ruby
Year 5 – Amelie
Year 6 – Kayla

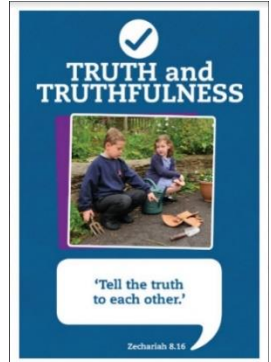
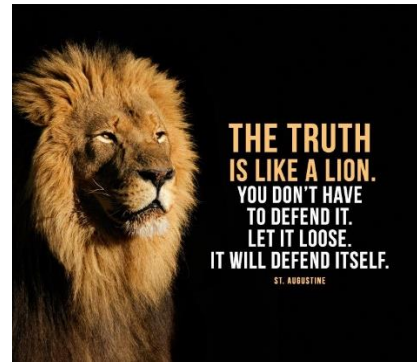
Our Attendance Bear Winner this week is...



The House Point totals this week are...



Value of the Half Term - Truthfulness



Eat Well For Less

Eat Well For Less?

BBC One's Eat Well For Less?

is back on the hunt for households looking to save on their food shop!

Email:
eatwell@rdftelevision.com
0117 9707632

We are looking to represent the whole of the UK and will consider all applications.

Any information you give us will be processed in accordance with our privacy notice, a copy of which is available on request.

Prefix of the Week



Multi



Multi is from Latin and means 'many'.

You find '**Multi**' as a prefix in many English words.

Multiply – The process of calculating the total of one number multiplied by another.	Multitude – A large number of people or things
Multilingual – Able to use several languages	Multigrain – Bread made from more than one type of grain
Multitask – A person dealing with more than one task at a time	Multisensory – involving or using more than one of the senses

Diary Dates

Mon. 19 th Jul.	Year 5 Rounder's competition
Thu. 22 nd Jul.	Last day of term

Sometimes we have to change diary dates due to circumstances beyond our control. Please keep checking the school diary regularly for updates.



School Guidelines

Expectations for Pupils, Parents and Carers



When our school reopens to all pupils again in September, it is important that we all follow Government guidelines, our Risk Register controls and our own 'St Augustine's Way' to ensure that everyone is as safe as possible. The list of expectations below must be followed by all pupils, parents and carers to help our school stay a safe environment for all.

Pupils Expectations:

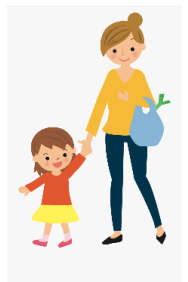
- *Live the St Augustine's Way by following our Golden Rules 'Show Respect, Be Kind and Try Our Best' and remembering our values.*
- *Keep yourself and others safe by:*
 - *Listening carefully to school staff and following their instructions*
 - *Waiting patiently – everything will take longer than usual*
 - *Entering the school building separately and patiently at start time*
 - *Social Distancing e.g. Play games that do not involve touching others*
Keep 2 metres apart from adults, and from children not in your bubble
Follow the school's one-way system
Stay in your designated areas for play and lunch times
 - *Washing your hands when you enter the school and at regular times during the day*
 - *Leaving all PE kit and toys at home and only bringing essential equipment to school*
 - *Avoid sharing or touching other people's personal things e.g. water bottles*
 - *Avoiding touching your mouth, nose, and eyes*
 - *Remembering to 'Catch it, Bin it, Kill it'*
 - *Avoiding putting things in your mouth e.g. pencil*
 - *If you wear a face covering or mask to school, you must take it off before you enter the school building and give it to your parent or carer to throw away or take home.*
- *Wear your school uniform; wear your PE kit to school on PE days*



Remember – *If you are unsafe, consequences will be given, and your parents/carers informed. This includes actions such as: deliberately coughing or spitting, touching others, playing unsafe games, and not following social distancing rules.*

Parents and Carers Expectations:

- *DO NOT bring your child/ren to school if they (or anyone in your household) have Coronavirus symptoms but follow the Government guidance here:*
<https://www.nhs.uk/conditions/coronavirus-covid-19/>
- *Collect your child immediately if you are called regarding illness*
- *Support the school in getting a test and engaging with Track and Trace if Covid-19 symptoms are detected in school*
- *ONLY 1 Parent/Carer may enter the school site (past the silver gates), to bring their child to school*
- *Ensure that your child has good attendance and is only away from school if they are ill*
- *Encourage walking, cycling or scooting to school*
- *Young children must always stay next to their parent/carers (e.g. buggy, holding hands, reins)*
- *Ensure social distancing from other adults while waiting for the doors to open – as per government guidance*
- *Be on time. (Please do not arrive too early as this will cause congestion and unnecessary mixing with other families – if your child's allotted time is missed then please phone the school for further instructions.) Remember, Breakfast Club will only run for the children of Key Workers. We will inform you of other clubs as they become available.*
- *Do not congregate outside the school gates; this will enable others to come into school safely*
- *Adults should wear a mask when dropping off and picking up children from school.*
- *Support school staff in reinforcing health and safety messages and set a good example by following them too.*
- *Do not attempt to enter the school building or meet with staff at the start or end of the school day but contact the office by telephone or email if you have a message for a staff member.*
- *Ensure that the school's uniform policy, including for jewellery and hair, is followed. If you have any issues concerning uniform then please contact the school before we return on the 8th March.*



Remember – *Parents/carers/younger siblings will not be permitted to enter the school building at drop off and pick-up times. This includes for use of the toilet.*

Support and Advice

The table below gives a whole range of support services that you can access for help and advice. Please use them. This is a really testing time for us all and we all need a little bit of help and support sometimes. Remember, if you feel you can't cope, you can also ring the school to speak to someone.

Service	Number	Website	Information
Child Line	0800 1111	https://www.childline.org.uk/	Child Line is a free, private and confidential service where young people can talk about anything. Support is available online, on the phone, anytime
Rev Ricky Dunstable Team Vicars	01582 528485	Contact – rickyturner@ntlworld.com PrayDunstable@gmail.com	Prayer and general help and support.
MIND	0300 300 0648	https://www.mind.org.uk/	Mind offers information and advice to people with mental health problems
Headspace		https://www.headspace.com/ App is available to download on the App store or Google Play	Mental health activities. Provides guided meditations, animations, articles and videos
Victim Support	0808 1689111	https://www.victimsupport.org.uk/	Free and confidential support for people affected by crime and traumatic events – regardless of whether you have reported the crime to the police or not
Salvation Army	01582 606031	https://www.salvationarmy.org.uk/dunstable	The Samaritans offer a church and social services to support those in need
Kooth		https://kooth.com/	Kooth is an online and confidential service giving help and advice about emotional health to young people
Samaritans	116 123	https://www.samaritans.org/	Free and confidential support and advice
Anxiety UK	TextService: 07537 416 905 Infoline: 03444 775 774	https://www.anxietyuk.org.uk/	Anxiety UK relieve and support those living with anxiety and anxiety-based depression by providing information, support and understanding
Youngminds	Parents Helpline 0808 802 5544	https://youngminds.org.uk/	A UK charity fighting for children and young people's mental health
Signpost	0800 0282 887	https://www.signpostforbedfordshire.com/	Support for those affected by crime
NSPCC	0808 800 5000	https://www.nspcc.org.uk/	Help for adults concerned about a child
National Online Safety		https://nationaleducationgroup.cmail20.com/t/t-l-nkrhhuy-fyhllutij-y/	Highly visual and informative Online Safety posters for parents, carers and children
Central Bedfordshire Council		https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers	Coronavirus – Information for Parents and Carers
Central Bedfordshire Children's Services	0300 300 8585 Out of hours: 0300 300 8123		If you think a child you know is being harmed or at risk of being harmed, please contact the Access and Referral Hub, who you can talk to about your concerns. All child protection calls are treated in confidence and you don't need to give your details

You can also find the latest information updates on the coronavirus at:

<https://www.gov.uk/coronavirus>



SNAP PARENT CARER FORUM
CENTRAL BEDFORDSHIRE

Peter Rabbit 2: The Runaway (U)

Relaxed Screening

27 Aug 2021 at 11am

FREE Tickets for SNAP Members



This screening is open to the general public and is chargeable. There is however a special offer for SNAP PCF members that will make tickets complimentary. Up to 4 tickets per booking (has to include one adult ticket when adding to the basket) will be made free to SNAP PCF members by entering a promo code.

Please email admin@snappcf.org.uk for further details and the promo code.

Membership is FREE and open to parents who live in Central Bedfordshire and have a child with any Special Educational Needs and/or Disabilities (SEND) please complete our [membership form](#)

Thank you to Central
Bedfordshire Council
Leisure Services for
providing our members
with free tickets



School Years 5, 6, 7 & 8

FREE SUMMER HOLIDAY ACTIVITY CAMP

10.00am – 3.00pm



Dunstable & Houghton Regis School Sports Partnership Holiday Activity Fund. The summer holiday programme provides **FREE meals and activities** for eligible free school meal children in Yr.5&6 across Dunstable, Houghton Regis and surrounding villages during the summer holidays.

Places are limited so please get in touch as soon as possible to book your place!.

This year we are running 4 weeks during August 2021.

Camp 1 – Monday 2nd August – Thursday 5th August

Camp 2 – Monday 9th August – Thursday 12th August

Camp 3 – Monday 16th August – Thursday 19th August

Camp 4 – Monday 23rd August – Thursday 26th August

All at Dunstable Rugby Club, Bidwell Park, Bedford Road, Houghton Regis LU5 6JW



Central
Bedfordshire



HOW TO BOOK

All activities are free of charge for eligible free school meal children

To book your place on the camp

Visit our - [Dunstable & Houghton Regis Summer Holiday Activity Fund Programme- Registration Form](#) | [team BEDS&LUTON \(teambedsandluton.co.uk\)](#)

Email – sgo@tithefarmprimary.co.uk to express an interest and we will email you a booking form.



CHUMS are organising a number of parental workshops over the summer holidays:

Parent Sleep Workshop (Children aged 12 and under) - The workshop will cover why sleep is important, what is 'good' sleep, and to help you to understand possible causes of settling to sleep & night waking issues and as well as learning strategies to overcome sleep difficulties.

Thursday 5th August at 5pm – 7pm

Teenage Sleep Workshop (Children aged 13+) - The workshop will cover why sleep is important, what is 'good' sleep, and to help you to understand possible causes of settling to sleep & night waking issues and as well as learning strategies to overcome sleep difficulties.

Monday 2nd August at 10am – 12pm

0-5 Resiliency Workshop - The workshop will look at the importance of relationships, healthy attachment and how children are constantly learning from those around them. It will cover emotional regulation and how as parents/ carers you are in a prime position to model healthy emotional regulation and behaviours. The workshop will also cover strategies and techniques to help build resiliency in children.

Wednesday 11th August at 9:30am – 11:30am

Primary Resiliency Workshop (Parent workshop for children aged 6-12) – Explores the difference between mental health and mental illness, emotional regulation. Psychoeducation around anxiety and low mood, in addition to covering basic relaxation techniques

Thursday 9th September at 9:30am – 11:30am

If you are interested in any of these sessions, there is an application form to be completed. If you wish to receive the form please email the school office - office@staugustinesacademy.co.uk and we will forward it to you. This will then need to be returned to CHUMS fwteam@chums.uk.com