



# St Augustine's Academy Newsletter

## 18<sup>th</sup> June 2021



### Headteacher's Message

Dear Parents, Carers and Children,



The school has been a hive of activity this week with Year 6 visiting St Albans Cathedral (see page 2); Year 5 taking part in Bikeability; Early Years enjoying a Circus Day and a picnic where they tasted lots of different types of bread, and children from across the school meeting the newly hatched chicks.

We look forward to the children using their new MUGA next week and to sharing more photos with you. Have a good weekend.

Best wishes

**Amanda Howes - Headteacher**



### Bikeability



Being able to ride a bike safely, and with confidence, is an important life skill. This week we were pleased to be able to provide our Year 5 children with the opportunity to take part in Bikeability which aimed to do just that.

To assist children who did not have their own bike, or who had not ridden a bike before, the school purchased a few bikes to keep at school. We were really pleased that 3 children learnt to ride a bike from scratch this week. A fantastic achievement for them. Becky from Bikeability remarked that the school, "Really went the extra mile with students who had not ridden bikes before to help them learn... Lovely to see."



**'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16**



## Year 6 Transition Trip to St Albans Cathedral



As part of their transition to high school, Year 6 pupils visited St Albans cathedral where they took part in an exciting range of activities including learning about the story of St Alban. For each part of the story, the children were able to relate it to their own personal journey.

It was an inspirational day and we would like to thank the Cathedral staff for making it so special.



"Transition is not just about school, it is about life." (Lillie-Mai)

"Alban transitioned from a normal person to a saint because of his actions." (Alex)

## The Story of St Alban - <https://www.stalbanscathedral.org/the-story-of-alban>

### Back to the beginning

The story of Alban is a remarkable one. It not only takes us back to the beginning of the Christian faith in Britain and to a time when religious freedom was forbidden, but it is also an astonishing account of standing up for what you believe in.

### Inspired

Alban lived in the early third century in the Roman city of Verulamium, just down the hill from where the Cathedral stands today. One day he gave shelter to a stranger fleeing from persecution. This stranger was a Christian priest, now known as Amphibalus. While sheltering the priest, Alban was inspired by how important faith was to the priest and asked to be taught more about Christianity.

### Captured

It was not long until the Roman authorities caught up with Amphibalus. However, Alban's new-found faith would not allow him to let the authorities arrest the priest. Instead, Alban exchanged clothes with Amphibalus and was arrested, allowing the priest to escape.

**"I am called Alban and I worship and adore the true and living God"**

Alban refused to renounce his beliefs and the magistrate ordered that he should receive the punishment intended for the escaped priest. Upon this ruling, Alban was led out of Verulamium and up the hillside where he was beheaded.

### Continued

Alban is honoured as Britain's first saint, and his grave on this hillside quickly became a place of pilgrimage. This story of an ordinary man, doing an extraordinary thing has endured and continues to inspire to this day.



## CONGRATULATIONS to the following children.

Our Stars of the Week are...

Reception – Inaaya  
Year 1 – Eddie  
Year 2 – Alexander  
Year 3 – Daniel  
Year 4 – Christopher  
Year 5 – Hope  
Year 6 – Alfie

Our 'SELF' Pupils of the Week for,  
"What has made me happy this year?" are...

Reception – Eldon  
Year 1 – Nahul  
Year 2 – Armel  
Year 3 – Blake  
Year 4 – Mason  
Year 5 – Chancenes  
Year 6 – Lillyanna



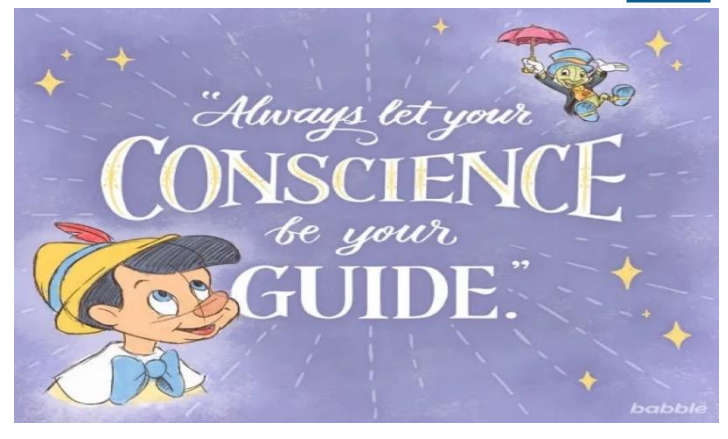
Our Mathematicians of the Week are...

Reception – Logan  
Year 1 – Riley  
Year 2 – Mya-Rose  
Year 3 – Khalidah  
Year 4 – McKenzie  
Year 5 – Ciaran  
Year 6 – Alex

Our Attendance Bear Winner this week is...



The House Point totals this week are...



## Sustrans Survey



Sustrans have worked in partnership with our school for a long time and help to encourage active travel. Activities such as the Santa Challenge are provided in collaboration with Sustrans. Please support Sustrans' work by completing their survey at the below link. Thank you.

<https://sustrans.onlinesurveys.ac.uk/central-beds-schools-parent-survey-2021-copy>

## Prefix of the Week



# Con



**Con** is from Latin and means 'with' or 'together'.

You find '**Con**' as a prefix in many English words.

**Continue** – To proceed with, or resume

**Contain** – To hold inside

**Consume** – To use up, eat or destroy

**Condemn** – To strongly criticise

**Confidential** – Something that is private or a secret

**Congregation** – A gathering of people, often in a place of worship

## Diary Dates

Tue. 29<sup>th</sup> Jun.

Class Photographs

Thu. 22<sup>nd</sup> Jul.

Last day of term

Sometimes we have to change diary dates due to circumstances beyond our control. Please keep checking the school diary regularly for updates.





# School Guidelines

## Expectations for Pupils, Parents and Carers



When our school reopens to all pupils again in September, it is important that we all follow Government guidelines, our Risk Register controls and our own 'St Augustine's Way' to ensure that everyone is as safe as possible. The list of expectations below must be followed by all pupils, parents and carers to help our school stay a safe environment for all.

### Pupils Expectations:

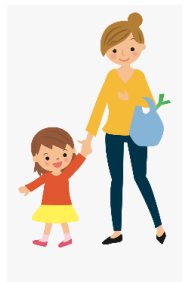
- *Live the St Augustine's Way by following our Golden Rules 'Show Respect, Be Kind and Try Our Best' and remembering our values.*
- *Keep yourself and others safe by:*
  - *Listening carefully to school staff and following their instructions*
  - *Waiting patiently – everything will take longer than usual*
  - *Entering the school building separately and patiently at start time*
  - *Social Distancing e.g. Play games that do not involve touching others*  
*Keep 2 metres apart from adults, and from children not in your bubble*  
*Follow the school's one-way system*  
*Stay in your designated areas for play and lunch times*
  - *Washing your hands when you enter the school and at regular times during the day*
  - *Leaving all PE kit and toys at home and only bringing essential equipment to school*
  - *Avoid sharing or touching other people's personal things e.g. water bottles*
  - *Avoiding touching your mouth, nose, and eyes*
  - *Remembering to 'Catch it, Bin it, Kill it'*
  - *Avoiding putting things in your mouth e.g. pencil*
  - *If you wear a face covering or mask to school, you must take it off before you enter the school building and give it to your parent or carer to throw away or take home.*
- *Wear your school uniform; wear your PE kit to school on PE days*



**Remember** – If you are unsafe, consequences will be given, and your parents/carers informed. This includes actions such as: deliberately coughing or spitting, touching others, playing unsafe games, and not following social distancing rules.

### Parents and Carers Expectations:

- *DO NOT bring your child/ren to school if they (or anyone in your household) have Coronavirus symptoms but follow the Government guidance here:*  
<https://www.nhs.uk/conditions/coronavirus-covid-19/>
- *Collect your child immediately if you are called regarding illness*
- *Support the school in getting a test and engaging with Track and Trace if Covid-19 symptoms are detected in school*
- *ONLY 1 Parent/Carer may enter the school site (past the silver gates), to bring their child to school*
- *Ensure that your child has good attendance and is only away from school if they are ill*
- *Encourage walking, cycling or scooting to school*
- *Young children must always stay next to their parent/carers (e.g. buggy, holding hands, reins)*
- *Ensure social distancing from other adults while waiting for the doors to open – as per government guidance*
- *Be on time. (Please do not arrive too early as this will cause congestion and unnecessary mixing with other families – if your child's allotted time is missed then please phone the school for further instructions.) Remember, Breakfast Club will only run for the children of Key Workers. We will inform you of other clubs as they become available.*
- *Do not congregate outside the school gates; this will enable others to come into school safely*
- *Adults should wear a mask when dropping off and picking up children from school.*
- *Support school staff in reinforcing health and safety messages and set a good example by following them too.*
- *Do not attempt to enter the school building or meet with staff at the start or end of the school day but contact the office by telephone or email if you have a message for a staff member.*
- *Ensure that the school's uniform policy, including for jewellery and hair, is followed. If you have any issues concerning uniform then please contact the school before we return on the 8<sup>th</sup> March.*



**Remember** – Parents/carers/younger siblings will not be permitted to enter the school building at drop off and pick-up times. This includes for use of the toilet.

## Support and Advice

The table below gives a whole range of support services that you can access for help and advice. Please use them. This is a really testing time for us all and we all need a little bit of help and support sometimes. Remember, if you feel you can't cope, you can also ring the school to speak to someone.

Service	Number	Website	Information
<b>Child Line</b>	0800 1111	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>	Child Line is a free, private and confidential service where young people can talk about anything. Support is available online, on the phone, anytime
<b>Rev Ricky Dunstable Team Vicars</b>	01582 528485	Contact – <a href="mailto:rickyturner@ntlworld.com">rickyturner@ntlworld.com</a> <a href="mailto:PrayDunstable@gmail.com">PrayDunstable@gmail.com</a>	Prayer and general help and support.
<b>MIND</b>	0300 300 0648	<a href="https://www.mind.org.uk/">https://www.mind.org.uk/</a>	Mind offers information and advice to people with mental health problems
<b>Headspace</b>		<a href="https://www.headspace.com/">https://www.headspace.com/</a> App is available to download on the App store or Google Play	Mental health activities. Provides guided meditations, animations, articles and videos
<b>Victim Support</b>	0808 1689111	<a href="https://www.victimsupport.org.uk/">https://www.victimsupport.org.uk/</a>	Free and confidential support for people affected by crime and traumatic events – regardless of whether you have reported the crime to the police or not
<b>Salvation Army</b>	01582 606031	<a href="https://www.salvationarmy.org.uk/dunstable">https://www.salvationarmy.org.uk/dunstable</a>	The Samaritans offer a church and social services to support those in need
<b>Kooth</b>		<a href="https://kooth.com/">https://kooth.com/</a>	Kooth is an online and confidential service giving help and advice about emotional health to young people
<b>Samaritans</b>	116 123	<a href="https://www.samaritans.org/">https://www.samaritans.org/</a>	Free and confidential support and advice
<b>Anxiety UK</b>	TextService: 07537 416 905 Infoline: 03444 775 774	<a href="https://www.anxietyuk.org.uk/">https://www.anxietyuk.org.uk/</a>	Anxiety UK relieve and support those living with anxiety and anxiety-based depression by providing information, support and understanding
<b>Youngminds</b>	Parents Helpline 0808 802 5544	<a href="https://youngminds.org.uk/">https://youngminds.org.uk/</a>	A UK charity fighting for children and young people's mental health
<b>Signpost</b>	0800 0282 887	<a href="https://www.signpostforbedfordshire.com/">https://www.signpostforbedfordshire.com/</a>	Support for those affected by crime
<b>NSPCC</b>	0808 800 5000	<a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a>	Help for adults concerned about a child
<b>National Online Safety</b>		<a href="https://nationaleducationgroup.cmail20.com/t/t-l-nkrhuy-fyhllutij-y/">https://nationaleducationgroup.cmail20.com/t/t-l-nkrhuy-fyhllutij-y/</a>	Highly visual and informative Online Safety posters for parents, carers and children
<b>Central Bedfordshire Council</b>		<a href="https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers">https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers</a>	Coronavirus – Information for Parents and Carers
<b>Central Bedfordshire Children's Services</b>	0300 300 8585  Out of hours: 0300 300 8123		If you think a child you know is being harmed or at risk of being harmed, please contact the Access and Referral Hub, who you can talk to about your concerns. All child protection calls are treated in confidence and you don't need to give your details

You can also find the latest information updates on the corona virus at: <https://www.gov.uk/coronavirus>



# CHILD & ADOLESCENT EMOTIONAL WELLBEING PROGRAMME

NOW AS ONLINE WEBINARS & AVAILABLE  
IN BEDFORDSHIRE & LUTON

A PROGRAMME FOR PARENTS & CARERS TO GET ADVICE AND  
STRATEGIES TO SUPPORT CHILDREN & YOUNG PEOPLE WITH THEIR  
EMOTIONAL WELLBEING

## SCHOOL TRANSITIONS

DAYTIME SESSION

WEDNESDAY 7TH  
JULY 2021

10.00AM - 11.30AM

EVENING SESSION

WEDNESDAY 21ST  
JULY 2021

6.00PM - 7.30PM

FOR FULL DETAILS CLICK ON THE FOLLOWING LINKS

[DAYTIME SESSION](#)

[EVENING SESSION](#)

OR FOLLOW US ON TWITTER @CAMHSWELLBEING1