

St Augustine's Academy Newsletter 8th January 2021



Headteacher's Message

Dear Parents, Carers and Children,



Happy New Year to all of you. We hope that you had an enjoyable Christmas and that you are all safe and well.

This week has been a tumultuous week of change for our country as once again we find ourselves in another lockdown. We would like to thank you all for your support and kind words as we have navigated though the changes here at school.

School staff have worked incredibly hard this week to make sure that all children in school have a safe and happy learning environment and that those learning at home have quality remote learning in place.

As always, we are here to support our community. Our phone lines are open throughout the school day and you can also speak to us via the office email. Please contact us if you need to.

We need to all look after each other and stay safe.

Amanda Howes - Headteacher

Government and NHS Advice



Remote Learning



We are excited and delighted that our remote learning is up and running. We are now using Google Classroom as well as paper-based work as needed. Exercise books and pencils have been issued to all families so that all lessons can be recorded in one place. Exercise books should be brought back to school when lockdown is over.

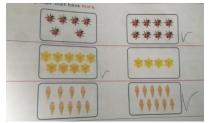
All staff are thoroughly enjoying the daily contact with pupils and the online conversations are allowing these important relationships to continue.

Here are a few extra pointers to help use Google Classroom successfully.

- If you are sharing a device. Please remember to log out before someone else logs in.
- Do not forget to click that you have completed work.
- Upload pictures of your completed work if you can.
 Some of these may then be shared on our newsletters.

Weekly phone calls home will be made by class teachers. These are an opportunity to feedback on learning and to discuss your child's well-being. If it has been noted that your child has not logged onto Google Classroom for 2 days, then a welfare call will be made to your home.

If you have any issues with logins etc. then please call the school and we will try our best to help you.





Year 1 Remote Learning Examples

'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16









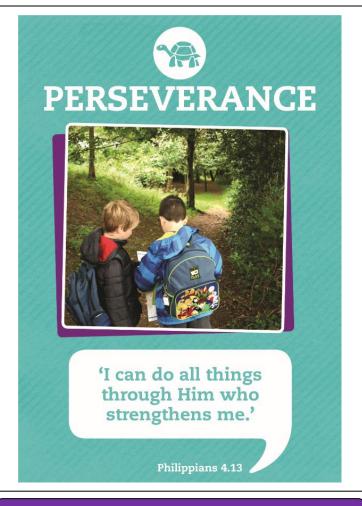








Value of the Half Term



SELF - Question of the Week



What is self-control?







Over is from Old English and means 'too much'.

You find 'Over' as a prefix in many English words.

Overjoyed – Extremely happy	Overeat – Eat too much
Overreaction – Respond more emotionally than usual	Overcoat – A long, warm coat or a top layer of paint
Overlap – To partly cover something	Overload – An excessive amount of something

School Jotter App

The School Jotter app, by Webanywhere, is the app that our school uses. It can be downloaded to Android or Apple devices from their online stores.

Our school newsletters are uploaded to the app on Fridays and you can also view our calendar. Please sign up today if you haven't already.

SEND Webinars for Parents and Carers

Yvonne Newbold talk: the emotions of being the parent of a SEND child

Yvonne Newbold will explore the emotions around being the parent of a SEND child. What are the triggers and how we are left feeling following interaction with other people? You will also have the opportunity to join Yvonne for a follow up discussion over lunch or supper the following week. Take this opportunity to put questions to Yvonne in person and discuss your issues with her and other parents and combat isolation.

- Webinar 10th Feb Join us for two hours hosted by Yvonne Newbold and Carers in Bedfordshire, 8-10pm
- Lunch 17th Feb Make yourself a sandwich and a drink and join us for a mid-day discussion, 12.30-2.00pm
- Drinks and Nibbles 18th Feb For those of us that are busy in the day, an evening discussion following on from the webinar, 8.00-9.30pm

Link to register is <u>Yvonne Newbold Webinar 10 February</u> (jotform.com)

The First Steps to Supporting a Child with Autism Spectrum Conditions - Autism Bedfordshire Workshop

12th January 2021 9:45 am - 12:00 pm

This will be a relaxed session, specifically for parents and carers of children who are diagnosed, newly diagnosed, or going through the diagnostic process. The session will consist of a 60 minute talk on Autism Spectrum Condition (ASC), followed by an opportunity to hear from and share with other parents and carers, and gain information about local resources.

To book, contact Autism Bedfordshire 01234 214871 or enquiries@autismbeds.org

Additional Resources links

https://resource-bank.scholastic.co.uk/content/FREE-Julia-Donaldson-and-Axel-Scheffler-

https://www.specialneedsjungle.com/distance-education-resources-for-children-and-young-people-with-send/

https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/

Flu Vaccinations - Parent Letter



Dear Parent/Carer,

I would firstly like to wish you a happy new year and I hope that you managed to get some of a break over the Winter break.

As we are well aware COVID 19 is not looking like it is going anywhere soon and the impact of having flu alongside COVID is very worrying for both your child and your families. Although the schools are closed, we have community clinics in your local areas to be able to continue vaccinating and protecting your children against flu.

We are in the process of actively calling every parent whose child has a consent form with us (electronic or paper) and who did not have a vaccination on the schools date either due to absence or refusal, and booking in to our community clinics. If you do not receive a call by the end of next week or wish to get your child booked in sooner please call us to book into a clinic appointment.

If you did not return your consent form (paper or electronic) and would like to book into a community clinic, please contact the team on **0300 790 0594** to book an appointment.

There are two vaccinations on offer this year:

FLU NASAL SPRAY

This vaccination is the Gold standard of the flu vaccines as it gives the best coverage. It is a simple spray of the vaccination up each nostril. Please note this vaccine **does contain pork gelatine**, and therefore may not be suitable for some of you.

FLU INJECTION

As of late last year, the flu injection became available for all children. This vaccine is good but is more of the silver standard; it provides good coverage. It is administered via a needle in the upper arm. This vaccine **does not contain pork gelatine**, so is the best alternative for any child who cannot have the nasal spray.

Please advise the person whom	vou are speaking w	with to book an ann	ointment which choice	you are making t	to have
ricase advise the person whom	you are speaking v	with to book an app	CHILDREN WINCH CHOICE	you are making i	LO Have

Kindest Regards

Becky Twist

Clinical Delivery Manager

Support and Advice

The table below gives a whole range of support services that you can access for help and advice. Please use them. This is a really testing time for us all and we all need a little bit of help and support sometimes. Remember, if you feel you can't cope, you can also ring the school to speak to someone.

Service	Number	Website	Information
Child Line	0800 1111	https://www.childline.org.uk/	Child Line is a free, private and confidential service where young people can talk about anything. Support is available online, on the phone, anytime
Rev Ricky Dunstable Team Vicars	01582 528485	Contact – rickyturner@ntlworld.com PrayDunstable@gmail.com	Prayer and general help and support.
MIND	0300 300 0648	https://www.mind.org.uk/	Mind offers information and advice to people with mental health problems
Headspace		https://www.headspace.com/ App is available to download on the App store or Google Play	Mental health activities. Provides guided meditations, animations, articles and videos
Victim Support	0808 1689111	https://www.victimsupport.org.uk/	Free and confidential support for people affected by crime and traumatic events – regardless of whether you have reported the crime to the police or not
Salvation Army	01582 606031	https://www.salvationarmy.org.uk/dunstable	The Samaritans offer a church and social services to support those in need
Kooth		https://kooth.com/	Kooth is an online and confidential service giving help and advice about emotional health to young people
Samaritans	116 123	https://www.samaritans.org/	Free and confidential support and advice
Anxiety UK	TextService: 07537 416 905 Infoline: 03444 775 774	https://www.anxietyuk.org.uk/	Anxiety UK relieve and support those living with anxiety and anxiety-based depression by providing information, support and understanding
Youngminds	Parents Helpline 0808 802 5544	https://youngminds.org.uk/	A UK charity fighting for children and young people's mental health
Signpost	0800 0282 887	https://www.signpostforbedfordshire.com/	Support for those affected by crime
NSPCC	0808 800 5000	https://www.nspcc.org.uk/	Help for adults concerned about a child
National Online Safety		https://nationaleducationgroup.cmail20.com/t/t-l-nkrhhuy-fyhllutij-y/	Highly visual and informative Online Safety posters for parents, carers and children
Central Bedfordshire Council		https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers	Coronavirus – Information for Parents and Carers
Central Bedfordshire Children's Services	0300 300 8585 Out of hours: 0300 300 8123		If you think a child you know is being harmed or at risk of being harmed, please contact the Access and Referral Hub, who you can talk to about your concerns. All child protection calls are treated in confidence and you don't need to give your details

You can also find the latest information updates on the corona virus at: https://www.gov.uk/coronavirus