



# St Augustine's Academy Newsletter

## 27<sup>th</sup> March 2020



### Headteacher's Message

Dear Parents and Carers,



It has been very strange not seeing everyone this week, but at least we know that the community is doing all it can to keep as many people safely at home as possible. The beautiful rainbow in the hall window has been lifting our spirits, so each week we are going to set you all a challenge! This week we need you all to make a rainbow to display in your window. Please send photographs of your rainbows to the school office email address and we will try to include as many as we can in next week's newsletter. The winning photograph will be displayed on the newsletter with a gold star! Let's raise a smile! We pray you all keep safe and well.

**Amanda Howes - Headteacher**

### Prayer and Worship



God of compassion,  
be close to those who are ill,  
afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone  
on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord.

### Communication and Home Learning

All of you will now have your learning packs and colouring pencils so that you can keep busy with your learning. We hope that you are enjoying the activities; coloured versions of the TTS booklet are also available to view on our website.

We are constantly reviewing our website to add new and exciting resources to keep you busy. Many companies are making their products available to use for free, so please make the most of them. Always remember to be e-safe when you are online. The link below will take you straight to the 'Learning Zone' page of our website.

<https://www.staugustinesacademy.co.uk/pupils/online-learning-games>

Please keep looking at the website, checking Parentmail and using our 'School Jotter' Apple and Android App, where we will keep you updated with new information.



The school telephone line will still be contactable and we will continue to check email correspondence too.

### Why Am I Not At School? – Social Story



It can be hard to explain about coronavirus; what it is and how it is affecting the world we live in. Follow the link below to find a lovely social story that will help you explain and understand in a simple informative way.

<https://www.autismbedfordshire.net/wp-content/uploads/2020/03/AB-Social-story-Why-am-I-not-at-school.pdf>

**'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16**



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## Support and Advice

The table below gives a whole range of support services that you can access for help and advice. Please use them. This is a really testing time for us all and we all need a little bit of help and support sometimes. Remember, if you feel you can't cope, you can also ring the school to speak to someone.

Service	Number	Website	Information
Child Line	0800 1111	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>	Child Line is a free, private and confidential service where young people can talk about anything. Support is available online, on the phone, anytime
Children's Centre	0300 300 8104	Contact - <a href="mailto:Kim.woodland@centralbedfordshire.gov.uk">Kim.woodland@centralbedfordshire.gov.uk</a>	Support for parenting, debt, domestic abuse and foodbank vouchers etc.
Rev Ricky Dunstable Team Vicars	01582 528485	Contact – <a href="mailto:rickyturner@ntlworld.com">rickyturner@ntlworld.com</a> <a href="mailto:PrayDunstable@gmail.com">PrayDunstable@gmail.com</a>	Prayer and general help and support.
MIND	0300 300 0648	<a href="https://www.mind.org.uk/">https://www.mind.org.uk/</a>	Mind offers information and advice to people with mental health problems
Headspace		<a href="https://www.headspace.com/">https://www.headspace.com/</a> App is available to download on the App store or Google Play	Mental health activities. Provides guided meditations, animations, articles and videos
Victim Support	0808 1689111	<a href="https://www.victimsupport.org.uk/">https://www.victimsupport.org.uk/</a>	Free and confidential support for people affected by crime and traumatic events – regardless of whether you have reported the crime to the police or not
Salvation Army	01582 606031	<a href="https://www.salvationarmy.org.uk/dunstable">https://www.salvationarmy.org.uk/dunstable</a>	The Samaritans offer a church and social services to support those in need
Kooth		<a href="https://kooth.com/">https://kooth.com/</a>	Kooth is an online and confidential service giving help and advice about emotional health to young people
Samaritans	116 123	<a href="https://www.samaritans.org/">https://www.samaritans.org/</a>	Free and confidential support and advice
Anxiety UK	TextService: 07537 416 905 Infoline: 03444 775 774	<a href="https://www.anxietyuk.org.uk/">https://www.anxietyuk.org.uk/</a>	Anxiety UK relieve and support those living with anxiety and anxiety-based depression by providing information, support and understanding
Youngminds	Parents Helpline 0808 802 5544	<a href="https://youngminds.org.uk/">https://youngminds.org.uk/</a>	A UK charity fighting for children and young people's mental health
NSPCC	0808 800 5000	<a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a>	Help for adults concerned about a child
Central Bedfordshire Children's Services	0300 300 8585  Out of hours: 0300 300 8123		If you think a child you know is being harmed or at risk of being harmed, please contact the Access and Referral Hub, who you can talk to about your concerns. All child protection calls are treated in confidence and you don't need to give your details

You can also find the latest information updates on the corona virus at:

<https://www.gov.uk/coronavirus>