



St Augustine's Academy Newsletter

13th March 2020



Headteacher's Message

Dear Parents and Carers,

Year 2 have enjoyed the most wonderful History Day. They were able to learn about life in London at the time of the Great Fire, and took part in a whole range of craft-based activities. What a wonderful way to bring History alive!



This week, our Governing Board spent a whole day in school talking with staff and pupils, and our new School Improvement Advisor, also visited for a morning to see teaching and learning in action. The comments that we received following the visit were excellent; pupils were seen to have outstanding behaviour, they were focused on their learning and very motivated. The quality of teaching was observed as being very strong and we were seen as a 'school that really 'lives' its stated values and ethos'.



Also this week, we have been supporting Magic Breakfast by writing postcards to the Prime Minister to tell him how much our breakfasts help us with our learning.

We already have lots more to share with you next week including Sports Relief!

Amanda Howes - Headteacher

Our Lent Journey – God in This Place

5-Finger Daily Examen for Children



This week in our Collective Worship, we've been thinking about the theme of 'Dreaming' and started to look at the story of Jacob's Dream in Genesis 28.

We thought about the hopes and dreams we have had and the ones that we have for the future; for ourselves and for the world we live in.

We also used the 5-Finger Daily Examen as a prayer to stop, reflect, be grateful and look to the future.

Attendance

Our attendance for this academic year is...



95.66%



Raising attendance continues to be a top priority at our school. The whole school community is working hard to maintain good attendance levels; we value every second our children spend learning and understand the impact it has on their achievement.

We aim to be above the national average of 96% and are currently below this.

Our class attendance figures for this week are:

Year 1 – 95.93%	Year 2 – 91.08%
Year 3 – 97.14%	Year 4 – 96.43%
Year 5 – 88.33%	Year 6 – 95.77%

Year 3 were our attendance bear winners this week. Well Done!

'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16



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Football News



Last weekend our Year 3 football team played against Lancot Academy in a special tribute match, in memory of Sharon Wells.

We were delighted that our team won 4:3 and as always were super ambassadors for our school. In the photos above, you can see the children sporting their 'Sharon' armbands and proudly wearing their medals. It was definitely a fitting tribute. Well done boys!

Celebrations

Well Done to the following children.

★Star of the Week ★

Reception – Olly
Year 1 – Laelia
Year 2 – Betty
Year 3 – Ruby
Year 4 – Amelie
Year 5 – Zak
Year 6 – Kaitlyn



☺ 'SELF' Pupil of the Week ☺

Reception – Stephen
Year 1 – Ella
Year 2 – Poppy
Year 3 – Christopher
Year 4 – Jack
Year 5 – Kayla
Year 6 – Bowie



+x÷ Mathematician of the Week +x÷

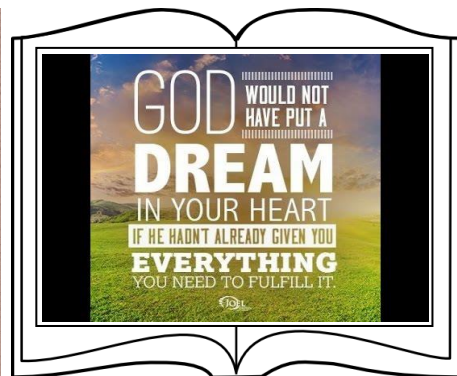
Reception – Tymon
Year 1 – Saoirse
Year 2 – Cody
Year 3 – Zuzanna
Year 4 – Leon
Year 5 – Kamil
Year 6 – Lidia



🏠 Housepoints 🏠

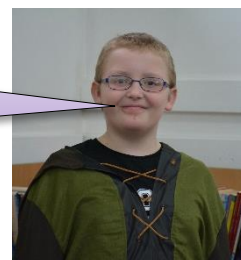
Neptune - 201
Mars - 200
Earth - 223
Venus - 202

Value of the Half Term



SELF Question of the Week

How can I be more independent?



Word of the Week

Considerate

The word '**Considerate**' means to be thoughtful and caring.

How can you be '**considerate**' to others? Try to show someone how special they are. How can you put someone else's needs before your own?

Diary Dates

Mon. 16 th Mar.	Heli Pad Assembly
Mon. 16 th Mar.	OSCAR (Our Safety Car) – Road Safety Initiative
Mon. 30 th Mar.	2:45pm – Celebration Assembly (Reception, Year 1 and Year 2)
Tue. 31 st Mar.	2:45pm – Celebration Assembly (Years 3, 4, 5 and 6)
Fri. 3 rd Apr.	Silly Socks Mufti Day for Autism Awareness Last Day of the Half Term

Please check the school website or App for the whole year's diary and for more information about St. Augustine's Academy.

Please note that dates sometimes need to change. We will notify you if this happens.



Hand-washing technique with soap and water



deanyourhands
campaign

NHS
National Patient
Safety Agency

As always at St Augustine's, we continue to promote a healthy lifestyle with our pupils and indeed our whole school community.

Naturally, many people are concerned about coronavirus. Presently, we do not have any diagnosed cases of coronavirus at our school and our school remains open as usual. Should this change, we will follow the guidance that we are given by Public Health and the Department for Education.

The Department for Education have launched a new helpline to answer any questions about Covid-19 (Coronavirus) related to education. Staff, parents and young people can contact the helpline as follows:

Phone: 0800 046 8687

Email: DfE.coronavirushelpline@education.gov.uk

Opening hours: 8am to 6pm (Monday to Friday)

You can also find the latest information updates at:

<https://www.gov.uk/coronavirus>

Please ensure that the school has your up-to-date contact details so that we can easily contact you if we need to.

The Bishop's Coronavirus Golden Rules



Not official advice: read and heed that here – but this is food-for-thought about our attitudes.

Golden Rule One: Each one of us can think about how we can protect and support our neighbours. So much of the public rhetoric is sowing fear about the danger of other people. So, taking all the official precautions, offer help and reassurance to others – and don't demonise anyone or any group.

Golden Rule Two: Think about who may be suffering more than me. For those of us who are healthy there is much less to worry about but the elderly, the housebound and those with chronic health conditions may be very anxious. How about each church undertaking an audit of all the vulnerable people they know and sharing out the responsibility to phone them each day. There's nothing like a friendly voice to offer solace when someone is worried. A smile can bring cheer, even on the phone. If you visit, follow all the official precautions or don't go.

Golden Rule Three: Don't give into panic and start hoarding food. There is plenty to go around, so practise the Christian discipline of sharing. Ask your neighbours what they need and do your best to help them get it. If you are self-isolating you will of course need some supplies.

Golden Rule Four: Live today to the full. None of us ever know what the future holds. In the Sermon on the Mount (Matthew 6. 25 – 34), Jesus challenged his followers to live each day fully and not be afraid. Every time we are tempted to give in to fear we need to make a conscious choice to respond in trust and openness.

And, along with just over half the adults in the UK, don't forget to pray. Here's a suggestion from the Revd Louise Collins, a Team Vicar in Borehamwood, Herts: Dear God our Shield and our Defender, guide and protect my neighbour in this time of health emergency; deliver them from all harm and may your love and care ever grow in this place. Through Jesus Christ, Our Lord, Amen.

Protect others from getting sick

When coughing and sneezing
cover mouth and nose with
flexed elbow or tissue



Throw tissue into closed bin
immediately after use

Clean hands with alcohol-based
hand rub or soap and water
after coughing or sneezing and
when caring for the sick



What children need to know about

ONLINE BULLYING



Why does it happen?

GOING ONLINE MAKES IT EASIER FOR PEOPLE TO SAY AND DO THINGS THEY PROBABLY WOULDN'T DO FACE TO FACE. ONLINE BULLIES DON'T GET TO SEE THEIR VICTIMS' REACTIONS IN REAL LIFE, SO THIS CAN COOON THEM FROM THE REAL DAMAGE THAT THEY ARE DOING. QUITE OFTEN, PEOPLE BULLY BECAUSE THEY ARE GOING THROUGH SOMETHING DIFFICULT THEMSELVES AND TAKING IT OUT ON OTHERS IS THE ONLY WAY THEY KNOW HOW TO GET CONTROL OF THEIR OWN EMOTIONS.

How does it feel to be bullied?

BEING BULLIED CAN IMPACT ON YOUR SELF-ESTEEM, CONFIDENCE AND SOCIAL SKILLS. BECAUSE IT HAPPENS ON YOUR PHONE, TABLET OR COMPUTER, IT CAN FEEL LIKE YOU ARE UNDER THREAT EVEN WHEN YOU'RE IN A SAFE ENVIRONMENT, SUCH AS YOUR BEDROOM. DON'T FORGET...IT IS NOT YOUR FAULT IF YOU'RE BEING BULLIED.



What is online bullying?

ONLINE BULLYING – ALSO KNOWN AS CYBERBULLYING – IS BULLYING THAT TAKES PLACE ON THE INTERNET OR VIA ELECTRONIC DEVICES AND MOBILE PHONES. IT CAN INCLUDE:

1. SENDING SOMEONE MEAN OR THREATENING EMAILS, DIRECT MESSAGES OR TEXT MESSAGES
2. HACKING INTO SOMEONE'S ONLINE ACCOUNT
3. BEING RUDE OR MEAN TO SOMEONE WHEN PLAYING ONLINE GAMES
4. POSTING PRIVATE OR EMBARRASSING PHOTOS ONLINE OR SENDING THEM TO OTHERS
5. CREATING FAKE SOCIAL MEDIA ACCOUNTS THAT MOCK SOMEONE OR TRICK THEM
6. EXCLUDING SOMEONE FROM AN ONLINE CONVERSATION OR BLOCKING THEM FOR NO REASON



Am I an online bully?

SOMETIMES IT ISN'T OBVIOUS THAT WHAT YOU ARE DOING IS WRONG. BUT IF YOU USE DIGITAL TECHNOLOGY TO UPSET, ANGER OR EMBARRASS SOMEONE ON PURPOSE, THIS MEANS YOU'RE INVOLVED IN ONLINE BULLYING. IT MIGHT BE AS SIMPLE AS 'LIKING' A MEAN POST, LAUGHING AT AN ONLINE VIDEO, OR SPREADING A RUMOUR, BUT THE PERSON BEING BULLIED COULD FEEL LIKE THEY ARE BEING GANGED UP ON. THINK ABOUT HOW IT WOULD MAKE YOU FEEL IF IT HAPPENED TO YOU. EVERYONE CAN MAKE MISTAKES, BUT IT'S IMPORTANT TO LEARN FROM THEM – GO BACK AND DELETE ANY UPSETTING OR NASTY POSTS, TWEETS OR COMMENTS YOU'VE WRITTEN.

Who do I tell?

YOU DON'T HAVE TO DEAL WITH THE BULLYING ON YOUR OWN. TALK TO AN ADULT THAT YOU TRUST – A PARENT, GUARDIAN, OR TEACHER. MOST WEBSITES, SOCIAL MEDIA WEBSITES AND ONLINE GAMES OR MOBILE APPS LET YOU REPORT AND BLOCK PEOPLE WHO ARE BOTHERING YOU. YOU COULD ALSO CONTACT CHILDLINE (WWW.CHILDLINE.ORG.UK), WHERE A TRAINED COUNSELLOR WILL LISTEN TO ANYTHING THAT'S WORRYING YOU – YOU DON'T EVEN HAVE TO GIVE YOUR NAME.



BE KIND ONLINE

BEFORE PRESSING 'SEND' ON COMMENTS, ASK YOURSELF THESE 3 QUESTIONS...

1. WHY AM I POSTING THIS?
2. WOULD I SAY THIS IN REAL LIFE?
3. HOW WOULD I FEEL IF SOMEBODY SAID THIS TO ME?



**National
Online
Safety**

#WakeUpWednesday

How do I prove it?

WHEN CYBERBULLYING HAPPENS, IT IS IMPORTANT TO DOCUMENT AND REPORT THE BEHAVIOUR, SO IT CAN BE ADDRESSED – RECORD THE DATES AND TIMES WHEN CYBERBULLYING HAS OCCURRED, AND SAVE AND PRINT SCREENSHOTS, EMAILS, AND TEXT MESSAGES.



How can I stay safe?

MAKE SURE YOUR PRIVACY SETTINGS ARE SET SO THAT ONLY PEOPLE YOU KNOW AND TRUST CAN SEE WHAT YOU POST. NEVER GIVE OUT PERSONAL INFORMATION ONLINE, SUCH AS IN PUBLIC PROFILES, CHAT ROOMS OR BLOGS, AND AVOID FURTHER COMMUNICATION WITH THOSE SENDING THE MESSAGES. KEEP AWARE OF FAKE PROFILES AND INTERNET USERS PRETENDING TO BE SOMEONE THAT THEY ARE NOT.

